THE CAREY PARK PRIMARY SCHOOL CHATTER

CARE: CHALLENGE-ACHIEVE-RESPECT-ENCOURAGE

16 June 2020

Generous Donation from Bunbury Rotaract

The school has recently received a donation from the Bunbury Rotaract Club for the amount of $500, which has been put towards the purchase of additional school uniforms that can be loaned out to students when required. The school would like to sincerely thank Bunbury Rotaract for their generous donation to the school and to the P & C for organising the purchase of the uniforms for our students.

School Canteen

Just a reminder to all families that our school canteen is currently open each Wednesday, Thursday and Friday. Children can order lunches on these days and also purchase snacks at recess time. Due to the current economic climate it is not viable to have the canteen open on Mondays and Tuesdays. Please ensure that you support the school canteen on the days that it is open if you are ordering your child's lunch by purchasing from the canteen and not supplying your child with fast food from other outlets.

P&C Meeting

The next meeting is scheduled for **this Friday (19th June)** in our School Library from **2.00 pm.** All parents and carers are most welcome to be part of this vitally important group in our school, who work hard to provide support in a range of ways to improve the social, emotional and educational opportunities for our children. Any help or support with the various P & C activities that happen around the school is greatly appreciated, as the small number of parents involved at present are not able to do it all on their own. As a member of the P & C, the only expectation is that you help out where you can and what fits in with your other commitments.

Please take the time to come along to the meeting on Friday, where you will find a relaxed and casual atmosphere, where there is no pressure to do more than you have the time for.

School Cross Country & Fun Run Event

This Friday from 11:20 am we will be holding our annual School Cross Country and Fun Run Event. Details for the day are as follows:

- 11:20 am - Year 4 Boys and Girls Event
- 11:30 am - Year 5 Boys and Girls Event
- 11:45 am - Year 6 Boys and Girls Event
- 12:00 pm - Year 1 to 3 and Pre Primary Fun Run

As the event is held outdoors, we will comfortably be able to accommodate the allowable number of people at an event, which is 300. In light of this, all families are welcome to attend to cheer on their children.

School Reports

A reminder to all families that Semester 1 Reports are due to be sent home on Friday July 3rd. Due to the interruptions associated with the COVID-19 Pandemic, student reports will look a little different than usual. In line with Education Department instructions, student reports will not contain grades for each learning area and comments will describe students' progress over the semester and not their achievement. Each child's report (except for Kindy) will contain a detailed message regarding this in the Principal's Comment.

Phil Greenmount
Principal

CHOOSE RESPECT

RESPECT IS TO TREAT WITH CARE AND CONSIDERATION

P & C News

P & C Meeting: Friday, 19 June @ 2.00 pm in the library.

Uniforms: The Uniform Shop is open Wednesday and Friday mornings from 8.15 am - 8.45 am.

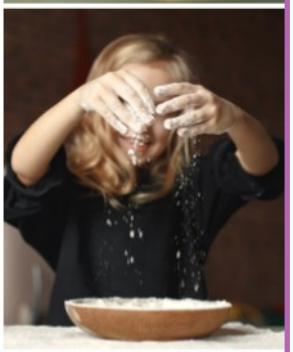
A rack of uniforms is available for sizing and is located in Admin for your convenience.

Second Hand Uniforms: When in stock, items are available for sale for $2.00 each. Second Hand uniforms come in handy when a child is cold and/or wet.
Our supplies are quite low. If you have uniforms your child may have grown out of, donations to the school would be greatly appreciated. Thank you!

INTERNATIONAL CULINARY STUDIO

Cook up a Storm This Winter School Holiday

Give your budding chef the confidence to learn new skills and grow their love of all things culinary with our Winter School Holiday or Baking & Cooking Programme. A fun and interactive way to get cooking from home, using common ingredients, and everyday kitchen equipment. Submit your finished products online to get feedback from our Chef Instructor.



Winter School Holiday Programme

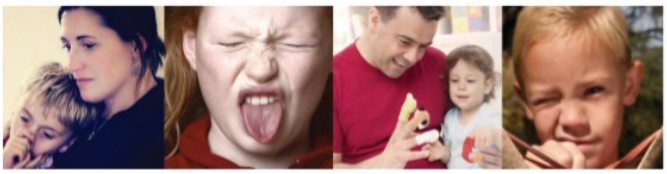
Normally $49 now $30
https://www.internationalculinarystudio.com/product/junior-chef-winter-holiday-programme/
To enrol, simply click on the link above, add to cart and use Coupon Code **Schoolswinter2020**

Baking & Cooking Programme

Normally $80 now $40
https://www.internationalculinarystudio.com/product/junior-chef-combo/
To enrol, simply click on the link above, add to cart and use Coupon Code **Schoolsb&c2020**

We have been blown away with the level of skill on our Facebook Kids Creative Cooking page during lockdown and invite you to post your holiday programme results here – at the end of the school holidays one lucky winner will receive 2 x movie passes!

https://www.facebook.com/groups/KidsCreativeCooking/



1-2-3 Magic® & Emotion Coaching
Parenting Course

A three-session program for parents and carers to help resolve difficult behaviour in children 2-12 years old is being held at
BUNBURY COUNSELLING: LEVEL 2, 123 SPENCER ST SOUTH BUNBURY
9.30am-12.00noon on Tuesdays 16th, 23rd, 30th June 2020

PARENTS/CARERS WILL LEARN

- How to discipline without arguing, yelling or smacking
- How to sort behaviour
- How to handle challenging and testing behaviours
- Choosing strategies - the 3 choices model
- Using emotion coaching to encourage good behaviour
- Strategies for encouraging good behaviour

PARENT/CARERS RECEIVE
✓ *A workbook to apply the concepts with their family*
✓ *A certificate of completion*

REGISTRATION FEE
$175 One Parent / $300 Two Parents (it is strongly recommended that both parents attend).

YOUR FACILITATOR/S
This course is being run by Bunbury Counselling, trainers who are certified with Parentshop® 1-2-3 Magic & Emotion Coaching program.

Carrina Hampton is a Social Worker and Systemic Family Therapist. She has been a Licenced Facilitated of 1-2-3 Magic and Emotion Coaching since 2011, delivering to over 200 families.

Kyle Hampton is Consultant and Educator with Bunbury Counselling's 4MEN programs. He is a Licenced 123 Magic and Emotion Coaching Facilitator with a focus on working with Dads and male carers.

Together, Kyle and Carrina parent 7 children, aged between 1 and 17 years.

Bunbury COUNSELLING
therapy • education • consultation

REGISTRATION
T. 08 9721 9939 SMS. 0497 139 676
E. info@bunburycounselling.com.au
W. https://bunburycounselling.com.au/123-magic

CYBER SAFETY WORKSHOP

HAVE YOU EVER WORRIED ABOUT

- Kids always wanting to be on a device
- Tech tantrums - why they start and how to prevent them
- How tech affects kids' bodies, brains and self-esteem
- What kids find and what finds them

PARENT WEBINAR

Presented by WA Child Safety Services, this workshop is filled with up-to-date information, real world examples, practical strategies and conversation starters

Parenting Connection

Anglicare WA

Supported by

Government of Western Australia Department of Communities

- Overview of popular social media platforms, games and apps that kids are using.
- How screens are impacting sleep, education and friendships.
- Screen time limits, device restrictions and parental control tools.
- Online grooming and catphishing.
- Adult content and sexualised media.
- Photo/video/information sharing.
- Youth produced sexual content.
- Image based abuse.
- Cyberbullying.
- Resource and book recommendations.

DATE: Monday 22nd June 2020
TIME: 9:30am to 12:00pm
VENUE: Zoom

PRICE: FREE
BOOKING DETAILS:
SouthWest.PCWA@anglicarewa.org.au or call PCWA South West on 08 9720 9208

WA Child Safety Services
Creating Safer Communities

wachildsafetyservices.com

LET'S TALK ABOUT PORNOGRAPHY

DID YOU KNOW

- Anecdotally the average age of first exposure is 8 years old
- Pornography contributes to distorted ideas about sexuality and relationships
- Nearly one in ten 13 year olds is worried they are addicted to pornography

PARENT WEBINAR

Presented by WA Child Safety Services, this workshop will provide up-to-date information, practical strategies and conversation starters to help you talk to kids about pornography and other sexual imagery

Parenting Connection

Supported by

Government of Western Australia Department of Communities

WORKSHOP OVERVIEW

- Children and young people's access to pornography in the digital age.
- The nature of today's pornography.
- The effect of pornography on the developing brain and behaviour.
- How pornography can distort young people's views about sex, sexuality, and relationships.
- Pornography addiction in children and young people.
- Helpful resources and support.

Anglicare WA

DATE: Monday 29th June 2020
TIME: 6:00pm to 8:30pm
VENUE: Zoom

PRICE: FREE
BOOKING DETAILS:
SouthWest.PCWA@anglicarewa.org.au or call PCWA South West on 08 9720 9208

PROTECTIVE BEHAVIOURS WORKSHOP

DID YOU KNOW

- 90% of abused children are abused by someone they know and trust
- 30-60% of child sexual abuse is committed by children and young people

PARENT WEBINAR

Presented by WA Child Safety Services, we invite you to participate in this workshop to learn valuable personal safety skills and strategies that can help empower children and keep them safe from abuse.

You will leave the workshop with practical activity ideas and conversation starters.

THIS WORKSHOP IS NOT SUITABLE FOR CHILDREN

Supported by

Government of Western Australia Department of Communities

Parenting Connection

Anglicare WA

DATE: Tuesday 30th June 2020
TIME: 9:30am to 12:00pm
VENUE: Zoom

PRICE: FREE
BOOKING DETAILS:
SouthWest.PCWA@anglicarewa.org.au or call PCWA South West on 08 9720 9208

How to install the SkoolBag App

Instructions for parents

SkoolBag

Download on the App Store

GET IT ON Google play

For Apple Users

- From your iphone/ipad, Go to the Apple App Store and search for "SkoolBag.
- Download the free SkoolBag app.
- Open the App and add your school(s) and you're ready to go!
- Choose your grade/grades and "allow notifications".

For Google Android Users

- From your Android device, ensure you have an account in the Google Play Store.
- Go to Google Play Store and search for "SkoolBag"
- Download the free SkoolBag app.
- Open the app, add your school(s).
- Choose your grade/grades and "allow notifications".

For more info visit skoolbag.com.au